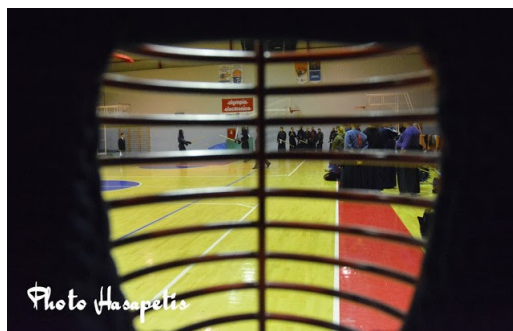


Martial Arts Club “Atrapos”

www.atrapos.gr atrapos.sec@gmail.com

www.kendo.gr info@kendo.gr

18th Thessaloniki Kendo Cup



20-22 Feb 2026

Atrapos club is announcing the 18th Thessaloniki Kendo Cup
which is organized under the auspices of HKNF.

Guest Sensei & Referees:

Labru Jean Pierre kyoshi 7 dan

Guentleur Michel kyoshi 7 dan

Barany Tibor kyoshi 7 dan

Delepiere Daniel kyoshi 7 dan

Arabadjiyski Alexandar kyoshi 7 dan

Maes Christian kyoshi 7 dan

Filippi Cristian kyoshi 7 dan

Young Park renshi 6 dan

Pasha Volodarsky renshi 6 dan

Dimitrov Velizar 6 dan

Kovacs Ferenc 5 dan

Mahika Sorin 5 dan

Filippi Elisabetta 5 dan

Also the following Kodansha from Hellenic Kendo Federation:

Drosoulakis Spyridon Renshi 6 dan

Tsintza Antigoni Renshi 6 dan

Papachristos Elias Renshi 6 dan

Kalkovalis Dimitris Renshi 6 dan

• SCHEDUL

DATE	TIME	ACTIVITIES
Thursday 19 th of Feb	20:00-22:00	Keiko - Venue: YMCA – N.Germanou 1 – 2 nd floor – Hall nr2
Friday 20 th of Feb	10:30-12:30 17:00-18:30 19:00-21:30	keiko - Venue: Sports center of Municipality of Kalamaria (Tripoleos 26 , 55131) keiko - Venue: Sports center of Municipality of Kalamaria (Tripoleos 26 , 55131) Kata Taikai
Saturday 21 st of Feb	08:00 09:00 09:30 13:30 14:15 21:30	<u>Venue: Sports center of Municipality of Kalamaria</u> Keiko Shinai check Opening Ceremony - 18th Thessaloniki Kendo Cup Juniors Taikai Veterans Taikaia Individual Kyusha Women & Kyusha men Lunch break Individual Yudansha Women & Yudansha Men Sayonar Party (Mistral Seaside Bar)
Sunday 22 nd of Feb	08:00 09:00 15:00 15:45	<u>Venue: Sports center of Municipality of Kalamaria</u> Shinai check & warming up 18th Thessaloniki Kendo Cup - Team competition Juniors & Adults Awards & Closing Ceremony Lunch break Shinsa 1 Kyu - 5 Dan
Notes For any further changes on the schedule new announcement will be followed on www.kendo.gr after the end of registrations		

Categories of Competition

J-A: Kids & Junior bougu (8-12 years old)
J-B: Kids & Junior bougu (13-15 years old)
J-C: Kids & Junior bougu (16-17 years old)

M-K: Men Kyu
M-D: Men Dan
M-V: Men Veterans (40 years old & above)

W-K: Women Kyu
W-D: Women Dan
W-V: Women Veterans (40 years old & above)

K: Kata competition

Notes:

Individual categories: MK, MD, WK, WD: There is no limit in the number of participants in individual competition. In case that a category doesn't contain enough competitors it will be merged into the next one.

For 6th -5th kyu holders that would like to participate to the tournament, they have to ask the permission of their club which has the responsibility of them and they know the proper manners of the shiai.

J-A: Kids (8-12 years old):

1) In order to motivate the kids who are mukyu or just kyusha and they haven't have practiced enough with bougu they will compete in kirikaeshi or uchikomi (with a partner in bougu) and shiai of 1 min .Winner will be declared by "hantei".

2) Kids with bougu will compete in 3' shiai. After that the winner will be declared by "hantei"

J-B: Juniors (13-15 years old): they have shiai of 3 min. After that the winner will be declared by "hantei"

J-C: Juniors (16-17 years old): they have shiai of 3 min. After that "encho"(no time)

Juniors of this category can compete also in the adults' competition, individual (depending their grade kyusha or yudansha) and team. In this case it is necessary to send a permission of their parents or their club.

T : Team

Every club can participate with two teams of 3-5 plus 2 competitors. It is possible that mixed teams can be formed with spare competitors who don't form any team of their club. In such case the organizing committee has the liability to form the mixed groups. Such individual participants not to forget to mention their availability into a mixed team during their registration form.

Attention: Each club is represented by one leader who is the only person that is allowed to get closer to the main secretary table. In any noncompliance maybe result to the Disqualification of the fighter or the team.

Junior' team competition

Unlimited junior teams of 3 competitors. In order to have fair & safe matches the order of the fighters will be as follows:

1st fight : Junior B - 2nd fight : Junior A - 3^{ed} fight : Junior C

So each Junior will have shiai within his age category,

(the only exception if no pairs: then A with B or B with C.

M-V & W-V: Veterans.

(40 years old and 2nd dan in Kendo).

Four participants is the minimum, in order to create a category although men's and women's division could join into a mixed category. Subcategories will be created of every 5 years of age but it depends of the nr of participants and it lies on the liability of the organizing committee.

(example 40-44years old....55-60years old, 60+)

K: Kata

Kata requirements

6th-4th Kyu : Kihon kata 1-9 or Nihon Kendo Kata 1-5 (if they are able to present them)

3rd-1st Kyu: Nihon Kendo Kata 1-5

1st Dan : Nihon Kendo Kata 1-5

2nd Dan: Nihon Kendo Kata 1-7

3rd Dan : Nihon Kendo Kata 1-7

4th Dan : Nihon Kendo Kata 1-10

5th Dan : Nihon Kendo Kata 1-10

6th Dan : Nihon Kendo Kata 1-10

Participants will compete in pairs (which will be decided either by the fighters on their registration form, either by drawing). They have to be of the same grade of the category that they compete. In each category 4 pairs are needed to register, if not, then they will compete with the next category. Kata will be announced just before the Taikai. Participants are going to compete in 3 katas into the pools and the knockouts matches, except the finals where they may have to compete in 5 katas.

Individual & Team Competition (Duration of the fight)

All the matches will be conducted into two phases:

A. Pools of 3 or 4 fighters/teams (2 of them qualified) with duration of 3 min.

B. Knock out system with duration of 3 min, semifinals duration of 4 min. and finals duration of 5 min.

The taikai will be conducted according to the rules of EKF for the EKC 2025 .

Note: duration of the juniors' competition has been already explained in the previous chapter.

SEMINAR

Participants will attend the seminar in separated groups according to their level and will be assisted by the high rank teachers.

It is possible to have also kids group during the seminar so their parents may contact us to discuss that option.

Candidates of Kyu or dan exams they have to participate at the seminar too.

VENUE

Sports Center of Municipality of Kalamaria, Thessaloniki - Tripoleos 26 , 55131

https://maps.app.goo.gl/JWrioRydCzaxHoTB8?g_st=am

GRADING

On Sunday 22nd of February grading from 1st kyu till 5th dan will take place at the same training hall after the end of the closing ceremony.

Separated document with all the necessary information regarding grading will be uploaded online at

www.kendo.gr

Candidates have to attend the seminar too, in order to get feedback from the sensei for their grading.

ACCOMMODATION

1)Participants can book their own accommodation in nearby apartments or hotels

2)At the hotel Okeanis which is 12-15 min on feet from the venue with limited availability.

You can book at Okeanis hotel during your registration form and you ll get notification of the cost and availability of your rooms

2)At the hotel Athlos which is 10 min by car from the venue with limited availability.

You can book at Athlos hotel during your registration form and you ll get notification of the cost and availability of your rooms

SAYONARA PARTY

The party will take place at “Mistral seaside bar”

https://maps.app.goo.gl/tHkuLzezCQJeWM7fA?g_st=am

The estimated time of arrival will be at 21:30.

The menu will include a plate with various food specialties and two glasses of wine or beer and the cost is 35€ per person. Any extra drink has to be paid by the individuals.

You have to declare your presence by submitting on the registration form and include that fee to your total participation fee.

LUNCH BOX

On Saturday and Sunday noon there is the possibility to order your lunch box at the training hall.

The menu will include Caesar salad with chicken or vegetarian type, bottle of water, a juice, a fruit and a cake.

The cost is 12€ per person per day include that fee to your total participation fee.

Event Fees:

<p>Option A (All included) 110€</p> <p><u>This discount option is valid only till 20th of January 2026</u></p> <p>Later than this date you follow the next options</p>	<ul style="list-style-type: none">• Seminar : Thursday evening• Seminar : Friday morning• Seminar : Friday evening & Saturday morning• 18th Thessaloniki Cup: All individual and Team categories• For those who choose this option Atrapos club can offer (limited) sleeping at the dojo (no fee-just bring your sleeping bag). Just mention it at the comments area of the registration form.
<p><u>Option B</u></p> <p>60€ : Full Seminar (2-4 sessions)</p> <p>40€ : seminar (1 session)</p>	<ul style="list-style-type: none">• Participation in Kyu & Dan grading require attendance at the seminar on Friday & Saturday
<p><u>Option C</u> Competition</p> <p><u>Individual categories</u> (juniors & adults) 45€</p> <p><u>Kata taikai or/& Veterans:</u> 45€</p> <p><u>Team category:</u> 10€ /per person</p> <p><u>All categories 70€</u> (Individuals – kata – veterans – team)</p>	<ul style="list-style-type: none">• Participation at <u>the competition</u> without attending the seminar.

Note: Any further combination of the options is possible but have in mind that **option A** is all included with a discount on the total price.

Registration for the competition is open till
Friday 5th of February 2026

if any cancelation later than this date, then no funds will be returned.

www.kendo.gr

Payment

is possible by transfer into :

- Paypal account
- Revolut account

Ask for the account of your option by sending an email at: atrapos.sec@gmail.com

Any transaction fees have to be paid by the sender

- At the office of Atrapos club
- On the desk upon arrival

The discount option is valid only till 20th of January 2026

Later than this date you follow the other options

Drawing

will take place 21:00 on 12/02/2026 at Atrapos Kendo club and will be posted online on www.kendo.gr